

Lecture 22

Weak Gravitational

Waves

How does spacetime oscillate?

Review of Weak Fields

We expand the metric to first order in a suitable perturbation parameter λ :

$$g_{ab} = \eta_{ab} + \lambda g_{ab} + \mathcal{O}(\lambda^2)$$

↑ ↑
physical perturbation
metric Minkowski background

The first-order field equation takes its simplest form in terms of the trace-reversed perturbation field

$$h_{ab} := \left(\delta_a^m \delta_b^n - \frac{1}{2} \eta_{ab} \eta^{mn} \right) g_{mn}$$

$$\begin{aligned} \partial_c \partial^c h_{ab} - 2 \partial_{(a} \partial^c h_{b)c} + \eta_{ab} \partial^c \partial^d h_{cd} \\ = -16\pi T_{ab} \quad \leftarrow \text{source perturbation} \end{aligned}$$

Like the Maxwell equations, the post-Minkowski equations are both over- and under-determined:

- The left side of the field equation always has zero divergence, so the source must obey $\partial^a t_{ab} = 0$.
- When a solution h_{ab} exists, it is determined only up to a gauge transformation

$$h_{ab} \rightarrow \tilde{h}_{ab} = h_{ab} + 2\partial_{(a}\phi_{b)} - \eta_{ab}\partial^c\phi_c$$

Note that the gauge transformations are exactly the infinitesimal diffeomorphisms of spacetime

$$\tilde{g}_{ab} = g_{ab} + 2\partial_{(a}\phi_{b)} = g_{ab} + \mathcal{L}_\phi \eta_{ab}$$

As with the Maxwell equations, we can solve the post-Minkowski equations most easily if we fix the de Donder ("Lorentz") gauge

$\partial^a h_{ab} = 0$. Every perturbation field can be put in this gauge:

$$\begin{aligned} \partial^a \tilde{h}_{ab} &= \partial^a h_{ab} + 2\partial^a \partial_{(a} \phi_{b)} \\ &\quad - \partial_b \partial^c \phi_c \\ &= \partial^a h_{ab} + \partial^a \partial_a \phi_b \end{aligned}$$

$$\Rightarrow \text{solve } \partial^a \partial_a \phi_b = -\partial^a h_{ab}$$

The gauge-fixed field is not quite unique. There are residual gauge transformations

$$h_{ab} \rightarrow \tilde{h}_{ab} = h_{ab} + 2\partial_{(a} \phi_{b)} - \eta_{ab} \partial^c \phi_c$$

with $\partial^a \partial_a \phi_b = 0$.

Vacuum solutions

If the first-order source t_{ab} vanishes we must solve the simultaneous equations

$$\partial^c \partial_c h_{ab} = 0$$

$$\partial^a h_{ab} = 0$$

This is most easily done in the Fourier space of the Minkowski background. We write

$$h_{ab}(x) = \int \frac{d^4 k}{(2\pi)^2} e^{i k \cdot x} \hat{h}_{ab}(k)$$

$$\hat{h}_{ab}(k) := \int \frac{d^4 x}{(2\pi)^2} e^{-i k \cdot x} h_{ab}(x)$$

Note that we have implicitly used the flatness of the background to integrate a tensor.

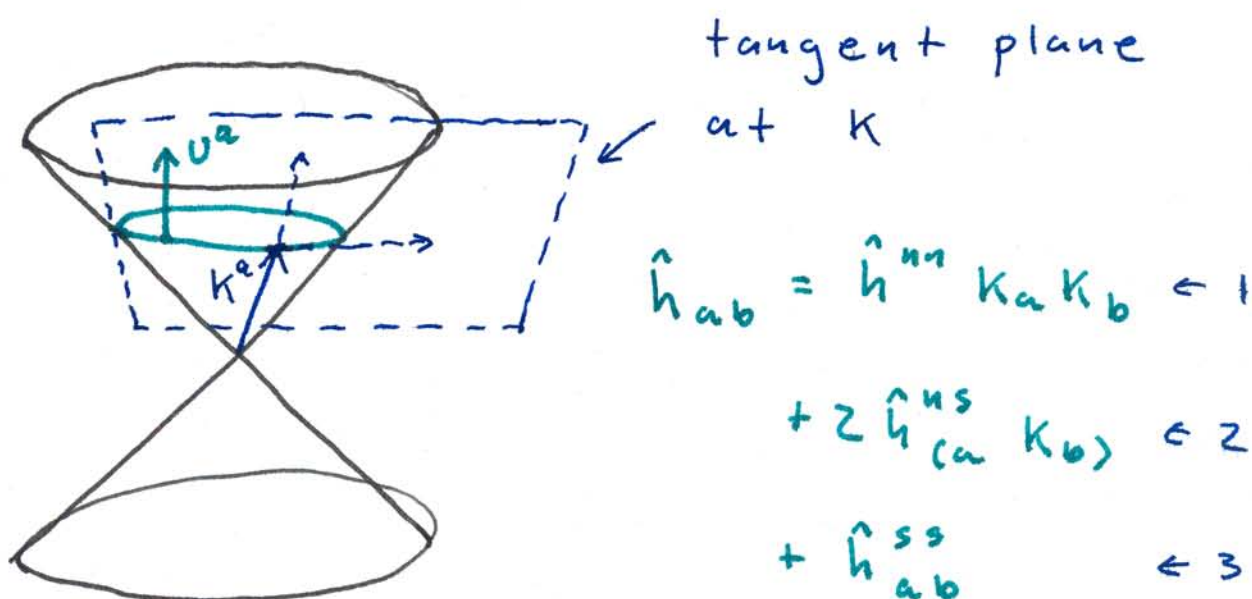
In Fourier space, as usual, our equations become algebraic

$$-K^c K_c \hat{h}_{ab} = 0$$

\hat{h}_{ab} is non-zero
only on the light
cone $K \cdot K = 0$.

$$i K^a \hat{h}_{ab} = 0$$

\hat{h}_{ab} only has
components
along the cone



If we choose any time-like U^a ,
the decomposition of \hat{h}_{ab} into
null and spatial pieces is unique.

$$\hat{h}_{ab} U^b = (\hat{h}^{nn} K_a + \hat{h}^{ns}_a) K_b U^b$$

Transverse - Traceless Gauge

A residual gauge transformation acts in Fourier space by

$$\hat{h}_{ab} \rightarrow \hat{\tilde{h}}_{ab} = \hat{h}_{ab} + 2i K_{(a} \hat{\phi}_{b)} - \eta_{ab} i K^c \hat{\phi}_c$$

with $-K^a K_a \hat{\phi}_b = 0.$

The four components of $\hat{\phi}_b$ can modify the three null components of \hat{h}_{ab} and the one trace component of the spatial part.

→ The traceless part of \hat{h}_{ab}^{ss} is gauge-invariant!

Its two components correspond to the two polarization states of gravitational radiation.

Given an inertial frame U^a , we can exhaust the residual gauge freedom by eliminating all but the gauge-invariant components.

This defines the transverse-traceless gauge.

$$4 \rightarrow K^a \hat{h}_{ab}^{TT} = 0$$

$$3 \rightarrow U^a \hat{h}_{ab}^{TT} = 0$$

$$1 \rightarrow \eta^{ab} \hat{h}_{ab}^{TT} = 0$$

↑

Fourier space

$$\partial^a h_{ab}^{TT} = 0$$

$$U^a h_{ab}^{TT} = 0$$

$$\eta^{ab} h_{ab}^{TT} = 0$$

↑

spacetime.

For a plane wave propagating in the $+z$ -direction, we can break \hat{h}_{ab}^{TT} into polarizations

$$\begin{aligned} \hat{h}_{ab}^{TT} = & \hat{h}^+ (e_a^x e_b^x - e_a^y e_b^y) \leftarrow \text{"plus"} \\ & + \hat{h}^x z e_{(a}^x e_{b)}^y \leftarrow \text{"cross"} \end{aligned}$$

Motion of Test Particles

Putting a plane wave in transverse-traceless gauge introduces a preferred frame u^a on spacetime. How does a test particle at rest in this frame move under the influence of the wave?

$$\begin{aligned}
 u^a \nabla_a u^c &= -u^a u^b \dot{\nabla}_{ab}{}^c \\
 &= -\frac{1}{2} g^{cm} u^a u^b (2\partial_{(a} \dot{g}_{b)m} - \partial_m \dot{g}_{ab}) \\
 &= -\frac{1}{2} \eta^{cm} u^a u^b (2\partial_{(a} h_{b)m}^{TT} - \partial_m h_{ab}^{TT}) \\
 &= -\frac{1}{2} \eta^{cm} (2\partial_0 h_{0m}^{TT} - \partial_m h_{00}^{TT}) = 0
 \end{aligned}$$

Thus, the perturbation does not affect the motion of such test particles relative to the coordinates!
 (This is a result of TT gauge!)

A more physical question concerns the proper distance between such particles.

Consider a spherical cloud of test particles with radius r and at rest in the Minkowski background of a TT-wave. We have seen that the coordinate expressions of the geodesics are unmodified:

$$x^a(\tau) = \tau U^a + r^a$$

But the proper distance to a given test particle oscillates:

$$\begin{aligned} \|r\|^2 &= r^a r^b (\eta_{ab} + g_{ab}) = r^2 + r^a r^b h_{ab}^{TT} \\ &= r^2 + [h^+ (x^2 - y^2) + h^\times (zxy)] e^{i\omega(t-z)} \\ &= r^2 [1 + \sin^2 \theta (h^+ \cos 2\phi + h^\times \sin 2\phi)] \\ &\quad \cdot e^{i\omega(t-z)} \end{aligned}$$

An even more physical calculation uses geodesic deviation to measure the relative acceleration of nearby geodesics in the perturbed metric:

$$\begin{aligned} \nabla_\nu \nabla_\nu \xi^d &= \xi^a U^b U^c R_{abc}{}^d \\ \uparrow & \\ \text{relative} & \\ \text{acceleration} & \\ & = \xi^a U^b U^c \dot{R}_{abc}{}^d \\ & \quad \uparrow \qquad \quad \uparrow \\ & \text{relative displacement} \qquad \text{background is flat} \end{aligned}$$

Note that the first-order Riemann curvature is gauge-invariant because the background Minkowski geometry is flat.

$$\dot{\tilde{R}}_{abc}{}^d = \dot{R}_{abc}{}^d + \mathcal{L}_\phi R_{abc}{}^d \leftarrow 0$$

Thus, we can use any gauge to evaluate the deviation, including the TT gauge adapted to U^a !

Working in this gauge,

$$\begin{aligned}\dot{R}_{abcd} &= 2 \partial_{[a} \dot{\nabla}_{b]} c d \\ &= - \partial_{[a} (\partial_{b]} \dot{g}_{cd} + 2 \partial_{[c} \dot{g}_{d]} b]) \\ &= - 2 \partial_{[a} \partial_{c]} h_{d]}^{TT} b]\end{aligned}$$

Since any contraction of h_{ab}^{TT} with u^a vanishes, many terms vanish in the geodesic deviation:

$$\begin{aligned}a_d &= \xi^a u^b u^c \cdot - 2 \partial_{[a} \partial_{c]} h_{d]}^{TT} b] \\ &= \frac{1}{2} \xi^a \partial_0 \partial_0 h_{da}^{TT}\end{aligned}$$

This describes, in a completely coordinate- and gauge-invariant way, the effect of a passing linearized gravitational wave.

Non-Vacuum Solutions

In the presence of a first-order source t_{ab} satisfying the integrability condition $\partial^a t_{ab} = 0$, we must simultaneously solve

$$\partial^c \partial_c h_{ab} = -16\pi t_{ab} \quad \partial^a h_{ab} = 0$$

The first is the inhomogeneous flat-space wave equation. We solve it using the retarded Green function $G_y^{\text{ret}}(x)$ since our boundary conditions will demand no incoming radiation:

$$h_{ab}(x) = -16\pi \int G_y^{\text{ret}}(x) t_{ab}(y) d^4y$$

$$G_y^{\text{ret}}(x) = \frac{-\delta(t_x - t_y - |\vec{x} - \vec{y}|)}{4\pi |\vec{x} - \vec{y}|}$$

(support on the future light cone of y .)

We still must check that the gauge condition $\partial^a h_{ab} = 0$ holds for this retarded solution. This can be checked easily in Fourier space:

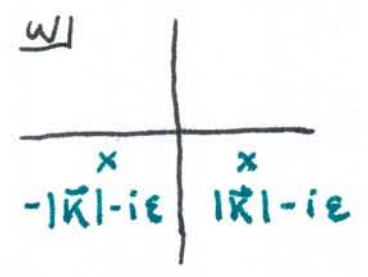
$$-K^2 \hat{h}_{ab} = -16\pi \hat{T}_{ab}$$

$$\Rightarrow \hat{h}_{ab} = \frac{-16\pi \hat{T}_{ab}}{\omega^2 - |\vec{k}|^2} + \hat{C}_{ab}$$

poles on contour, must be regularized

support on cone, homogeneous sol'n.

$$h_{ab}(x) = \int \frac{d\omega d^3k}{(2\pi)^4} \hat{h}_{ab}(k) e^{-i\omega t + i\vec{k}\cdot\vec{x}}$$



$t > 0 \Rightarrow$ close contour in lower half-plane.

$$\Rightarrow \hat{h}_{ab}^{ret}(k) = \frac{-16\pi \hat{T}_{ab}(k)}{(\omega + i\epsilon)^2 - |\vec{k}|^2}$$

$$\Rightarrow K^a \hat{h}_{ab}^{ret}(k) = 0$$